# Blue Ridge AHEC

Promotores de Salud Update & Expansion into Russian and Arabic/Kurdish Speaking Populations

### Promotores de Salud

#### Waynesboro 40 Hour Training

- 5 graduates
- 4 drop-ins
- Waynesboro,
  - Verona, Grottoes
- Mexico, Honduras
- 4 females, 1 male
- 500 Health
  - Contacts



### Promotores de Salud

#### Other Activities

- Website
- Common Threads
- Tomando Control
- Teen Health Fairs
- Annual RegionalGathering ofPromotoresCommunity Health
- Community Health Services Fair





# Expansion

- History of Refugee Resettlement in the Shenandoah Valley
- Russian speaking community
- Arabic and Kurdish speaking communities







- 38 million immigrants (May 2011) 265,000 refugees in USA (2010)
- Integration
  - Language
    - Perceptions of Belonging
    - Historical Misperceptions
    - Generational Changes

# Local Refugees

- 1980 Refugee Resettlement Act
- Church World Service
- Within 100 miles: Afghanistan, Azerbaijan, Belarus, Bosnia, Burma, Colombia, Congo, Croatia, Cuba, Eritrea, Iran, Iraq, Kazakhstan, Kosovo, Russia, Rwanda, Serbia, Sierra Leone, Sudan, Tajikistan, Ukraine, and Uzbekistan



#### Middle East

#### Arabic and Kurdish Speakers

~2,000-3,500 + Charlottesville area

#### Challenges

- Honoring differences while addressing the larger community
- Introducing a new concept
- "Why are you helping us?"

### Middle East

- Strengths
  - Honor
  - "The woman is the Minister of the Interior; the man is the Minister of the Exterior."
  - "My life is no longer my own."
  - Established relationships
  - Expressed interest



### Former Soviet Union

- 1988
- ~1,500 or more Russian speakers
- Challenges
  - Insulated community
  - Distrust of external entities
  - Noncompliance
- Strengths
  - Well educated
  - Community oriented
  - Religious community



# Next Steps

Leadership

Buy-in and Ownership ahead of time